

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Breakfast
Cereal
Fruit

Lunch
Salisbury Steak
w/ Rice
Vegetable
Fruit

2

Breakfast
Breakfast Pizza (p)
Fruit & Juice

Lunch
Beef Nachos
Cheese Sauce
Black Beans
Fruit

3

Breakfast
Pork Sausage
Rice
Fruit

Lunch
Corn Dog
Green Salad
Fruit

4

Breakfast
Yogurt
Scooby Snacks
Fruit & Juice

Lunch
Chicken Drumstick
w/ Red Rice
Vegetables
Fruit

5

Breakfast
Apple Frudel
Fruit

Lunch
Cheese Pizza
Daily Vegetable
Fruit

Milk is Optional and Lunch time only (required at Breakfast)

8

Breakfast
Benefit Bar
Fruit

Lunch
Cheese Burger
Vegetable
Fruit

9

Breakfast
Bacon and Egg
w/ Rice
Fruit & Juice

Lunch
Pork Tacos
Pinto Beans
Daily Fruit

10

Breakfast
French Toast Sticks
Fruit

Lunch
Chicken Nuggets
Rice
Daily Vegetable
Fruit

11

Breakfast
Muffins
Fruit & Juice

Lunch
Bistek w/ Rice
Daily Vegetable
Fruit

12

Breakfast
Cheese Omelet
w/ Rice
Fruit

Lunch
Sloppy Joe Sandwich
Fruit & Vegetable

Our Menus follow USDA guidelines for school nutrition serving a variety of whole grains weekly

15

Breakfast
Cold Cereal
Fruit

Lunch
Breaded Chicken Sandwich
Regular OR Spicy
Vegetable
Fruit

16

Breakfast
Breakfast on a Stick (t)
Fruit & Juice

Lunch
Beef Nachos
w/Cheese Sauce
Black Beans
Daily Fruit

17

Breakfast
Sausage Breakfast Pizza (p)
Fruit

Lunch
Orange Chicken
W/ Rice
Caesar Salad
Fruit

18

Breakfast
Mini Pancakes
Fruit & Juice

Lunch
Eggless Loco Moco (b)
Rice
Daily Vegetable
Fruit

19

Breakfast
Apple Frudel
Fruit

Lunch
Pepperoni Pizza
Daily Vegetable
Fruit

Lunch includes a choice of Fruit, Vegetable or both

22

Breakfast
Benefit Bar
Fruit

Lunch
Chicken Alfredo
Pasta Bake
Vegetable
Fruit

23

Breakfast
Sausage Breakfast Sandwich (p)
on English Muffin
Fruit & Juice

Lunch
Pork Tacos
Pinto Beans
Fruit

24

Breakfast
Fried Rice w/ Ham & Egg (p)
Fruit

Lunch
BBQ Pork Rib Sandwich
Vegetable & Fruit

25

Breakfast
Muffin
Fruit & Juice

Lunch
Chili w/ Hot Dog
w/ Rice
Vegetable & Fruit

26

Breakfast
Cheese Omelet
Rice
Fruit

Lunch
Cheesy Breadsticks
w/ Marinara
Vegetable
Fruit

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29

Breakfast
Cereal
Fruit

Returning Favorite!
Chicken Tender Bowl
w/ Corn and
Mashed Potatoes
Dinner Roll
Fruit

30

Breakfast
Breakfast Pizza (p)
Fruit & Juice

Lunch
Beef Nachos
w/ Cheese Sauce
Black Beans
Fruit



Menus are subject to change due to product availability

This institution is an equal opportunity provider.

AB9C